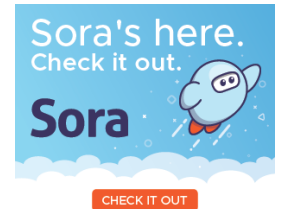




Crompton House School Library



Summer Newsletter – No18

Encourage your child to read for 10 minutes every day. It can be a book, magazine, comic, newspaper, or blog. Reading for 10 minutes every day is proven to help improve literacy levels, relax and unwind, improve memory and concentration and importantly help with our mental health and wellbeing!

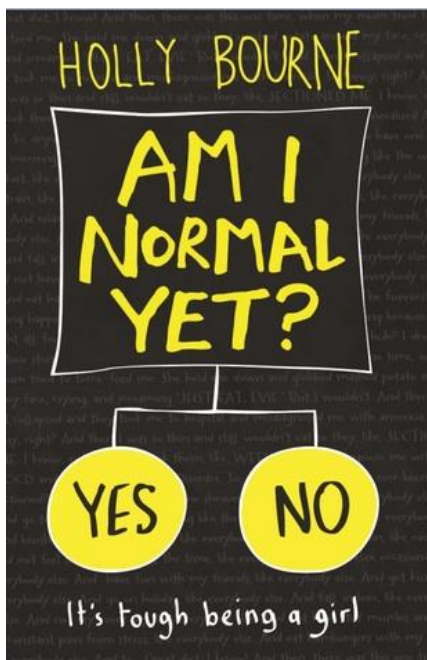
Enjoy the summer!!

BOOK REVIEW

Am I Normal Yet – Holly Bourne

Friendship/Mental Health/Feelings/Relationships

Age – Young Adult 14 +



Sixteen-year-old Evie has made a fresh start. She's at a new college where no one knows that she has a history of OCD and Generalised Anxiety Disorder. Her medication has been reduced and she is meeting new people, going out and making real friends.

Establishing a 'Spinster Club' with two particularly good friends has given her a new focus for her energies - and the opportunity to vent frustrations about the opposite sex and compare notes on feminism. She is starting to believe that she could really be on top of things - so she braves a real 'date' with a boy from her sociology class. However, when the date goes disastrously wrong, and her worries escalate, all the signs suggest the risk of a relapse. But a dogmatic Evie is busy hiding her problems to appear 'normal' in front of her new friends.

This is a powerful and engrossing read that successfully informs, shocks, reassures and entertains in equal measures - and will perhaps make a few readers think twice about trivialising this punishing and frequently misunderstood disorder.

NB This book does include adult language and themes. You can loan this book and other great titles now free on the new school E book library Sora.

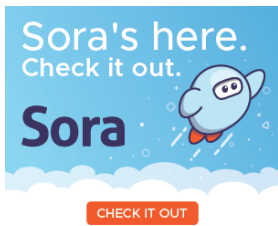
This Weeks Activity – My Dear New Friend

The National Literacy Trust has set up a project to encourage children to write letters to people living in care homes called 'My Dear New Friend'. Research shows that writing letters makes children feel happy and helps them express their feelings. Children who write letters regularly are more likely to be more confident writers and have more positive attitudes to writing. You can find out more information [here](#) on how to get involved.



Great websites and Information

- Sora - Crompton House have provided our students with access to a fabulous online library where you can read over 2000 titles 24/7 free! For an overview of the app click [here](#)
- Check out Topppsta.com [here](#) This is a fabulous website full of resources, activities, author and illustrator live chats etc. to help you with enriching younger children in the world of literacy. Great for extra ideas over the summer.
- Don't forget Borrowbox your local public library with lots of resources for our adult community as well as students. Also RB Digital magazines and comics and free magazines and newspapers. Find out how to access [here](#).



TOPPSTA



Great books to read around Empathy

Following on from the recommended read 'Am I Normal Yet' here are some more great titles based around similar subjects ranging from middle grade to young adult. Enjoy!



Share Your Creations with me - Mrs. Cullen!

This newsletter is not homework it is simply to give you guidance, ideas and fun activities to share with your children and for yourselves during this difficult time. If, however you would like to share a book review, activities, artistic creations or any other literacy related ideas, I would love to see them. I would like to create a **'When We Stayed at Home'** display in the school library so that soon, we can all look back on this period with a smile for all the positive things our students and children are doing.

You can contact/tweet me and email reviews etc. on the details below. Happy reading and enjoy the summer!

For more information contact Mrs. Cullen - c.cullen@cromptonhouse.org

Twitter: @CLearningzone

