



**Crompton House PE**

**Key Stage 3 Programme Overview**

		Week 1-4	Week 5- 8	Week 9-11	Week 12 - 15	Week 16 - 18	Week 19 - 21	Week 22 - 24	Week 25-27	Week 28- 32	Week 33- 36	Week 37-39
<b>YEAR 7</b>	<b>Boys Set 1</b>	Rugby (Field)	Football (3g)	OAA	Badminton (S.Hall)	Fitness (Indoor)	Dance (Gym)	Handball (3G)	Invasion game (gym)	Athletics	Strike and field (3G)	Tennis (MUGA)
	<b>Boys Set 2</b>	Football (3G)	Rugby (Field)	OAA	Dance (Gym)	Fitness (Indoor)	Badminton (S.Hall)	Invasion game (gym)	Handball (3G)	Athletics	Tennis (MUGA)	Strike and field (3G)
	<b>Girls Set 1</b>	Netball (MUGA)	Dance (S.Hall)	OAA	Football (3G)	Fitness (Indoor)	Handball (MUGA)	Rugby (Field)	Badminton (S.Hall)	Athletics	Dodgeball (Gym)	Strike and field (3G)
	<b>Girls Set 2</b>	Dance (S.Hall)	Netball (MUGA)	OAA	Handball (MUGA)	Fitness (Indoor)	Football (3G)	Badminton (S.Hall)	Rugby (Field)	Athletics	Strike and field (3G)	Dodgeball (Gym)
		Week 1-4	Week 5- 8	Week 9-11	Week 12 - 15	Week 16 -18	Week 19-23	Week 24- 27	Week 28 - 32		Week 33- 36	Week 37 - 39
<b>YEAR 8</b>	<b>Boys Set 1</b>	Rugby union (Field)	Volleyball (Gym)	OAA	Basketball (S Hall)	Handball (3g)	Table tennis (S.Hall)	Football (3G)	Athletics		R.League (Field)	Cricket (3G)
	<b>Boys Set 2</b>	Volleyball (Gym)	Rugby union (Field)	OAA	Handball (3g)	Basketball (S Hall)	Football (3g)	Table tennis (S.Hall)	Athletics		Cricket (3G)	R.League (Field)
	<b>Girls Set 1</b>	Basketball (S.Hall)	Handball (3g)	OAA	Rugby (Field)	Volleyball (Gym)	Fitness (Gym)	Netball (MUGA)	Athletics		Strike and field (3G)	Tennis (MUGA)
	<b>Girls Set 2</b>	Handball (3g)	Basketball (S.Hall)	OAA	Volleyball (Gym)	Rugby (Field)	Netball (MUGA)	Fitness (Gym)	Athletics		Tennis (MUGA)	Strike and field (3g)

		Week 1 -6	Week 7 -9	Week 10 - 15	Week 16 - 21	Week 22 - 26	Week 27 - 32	Week 33 - 39		
<b>YEAR 9</b>	<b>Boys Set 1</b>	<b>Rugby u (Field)</b>	<b>Cross country</b>	<b>Basketball (S.hall)</b>	<b>Football (3g)</b>	<b>Handball (3g)</b>	<b>Athletics</b>	<b>Strike and field (3g)</b>		
	<b>Boys Set 2</b>	<b>Basketball (S Hall)</b>	<b>Cross country</b>	<b>Rugby u (Field)</b>	<b>Volleyball (Gym)</b>	<b>Football (3g)</b>	<b>Athletics</b>	<b>Strike and field (3g)</b>		
	<b>Girls Set 1</b>	<b>Handball (MUGA)</b>	<b>Cross country</b>	<b>Volleyball (Gym)</b>	<b>Netball (S. Hall)</b>	<b>Dance (Gym)</b>	<b>Athletics</b>	<b>Strike and field (MUGA)</b>		
	<b>Girls Set 2</b>	<b>Dodgeball (Gym)</b>	<b>Cross country</b>	<b>Netball (MUGA)</b>	<b>Handball (MUGA)</b>	<b>Volleyball (S. Hall)</b>	<b>Athletics</b>	<b>Strike and field (Field)</b>		