

Red	Amber	Green
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Unit 1: Human growth and development through the life stages: Essential Content A: Human growth and development through the life stages

H1 I can describe the life stages of development			
H2 I can describe principles of growth			
H3 I can describe principles of development			
H4 I can describe gross and fine motor skills in infancy			
H5 I can describe the developmental milestones in infancy			
H6 I can explain how gross and fine motor skills develop in early childhood			
H7 I can explain the development of secondary sexual characteristics in puberty- including the role of hormones in sexual maturity			
H8 I can state that physical strength peaks in early adulthood			
H9 I can explain the physical changes involved in pregnancy and lactation			
H10 I can explain the developmental changes involved in perimenopause			
H11 I can explain the developmental changes involved in menopause			
H12 I can describe the effects of the ageing process in middle adulthood			
H13 I can identify how health and intellectual abilities deteriorate in later adulthood			
H14 I can state that there is rapid growth of intellectual skills in infancy and early childhood			
H15 I can explain Piaget's cognitive development theory			
H16 I can evaluate Piaget's cognitive development theory			
H17 I can explain Chomsky's language acquisition device			
H18 I can evaluate Chomsky's language acquisition device			
H19 I can explain how thinking changes in adulthood			
H20 I can explain memory loss in later adulthood			
H21 I can describe what is meant by attachment			
H22 I can explain theories of attachment			
H23 I can explain types of attachment			
H24 I can explain the effects of disruption of attachment			
H25 I can describe what is meant by self concept- including self image and self esteem			

Unit 1: Human growth and development through the life stages: Essential Content A:

Human growth and development through the life stages

H26 I can explain factors affecting self image			
H27 I can explain factors affecting self-esteem			
H28 I can identify stages of play in infancy and early childhood			
H29 I can explain the social benefits of friendship			
H30 I can explain the effects of peer pressure on development			
H31 I can explain changes in relationships with others across life stages			
H32 I can describe changes in independence across life stages			

Unit 1: Human growth and development through the life stages: Essential Content B: Factors affecting human growth and development

F1 I can describe what is meant by nature/nurture			
F2 I can explain Gesell's maturation theory			
F3 I can explain how development across the lifespan is the result of genetic or inherited factors			
F4 I can explain Bandura's social learning theory			
F5 I can explain how development across the lifespan is the result of environmental factors			
F6 I can explain the stress-diathesis model			
F7 I can explain what is meant by genetic predisposition			
F8 I can explain how cystic fibrosis affects development			
F9 I can explain how brittle bone disease affects development			
F10 I can explain how PKU affects development			
F11 I can explain how Huntington's disease affects development			
F12 I can explain how Klinefelter's syndrome affects development			
F13 I can explain how Down's syndrome affects development			
F14 I can explain how susceptibility to certain diseases including cancer, high blood cholesterol and diabetes can affect development			
F15 I can explain how having foetal alcohol syndrome affects development			
F16 I can explain how maternal infection and lifestyle/diet in pregnancy can affect development			
F17 I can explain what is meant by congenital defects			
F18 I can explain how exposure to pollution affects development (including asthma, respiratory disorders and cardiovascular disorders.)			
F19 I can explain how poor housing conditions affects development (including respiratory disorders, cardiovascular problems, hypothermia and anxiety and depression.)			

F20 I can explain how access to health and social care services affects development (including availability of transport, opening hours, ability to understand needs and requirements of different services.)			
F21 I can explain what is meant by family dysfunction			
F22 I can identify different parenting styles			
F23 I can evaluate the effect of parenting styles on development			
F24 I can explain the effect of divorce on development			
F25 I can explain the effect of sibling rivalry on development			

Unit 1: Human growth and development through the life stages: Essential Content B:
Factors affecting human growth and development

F26 I can explain the effect of bullying on self-esteem including self harm and suicide			
F27 I can explain the effects of culture, belief and religion on development			
F28 I can explain how different beliefs may prevent medical intervention			
F29 I can explain how different beliefs may lead to dietary restrictions			
F30 I can explain how income and expenditure affects development			
F31 I can explain how employment status can affect development			
F32 I can explain how education affects development			
F33 I can explain how lifestyle choices affect development			
F34 I can identify predictable and unpredictable life effects			
F35 I can explain how major life events affect development			
F36 I can use the Holmes-Rahe scale to evaluate the effects of life events on stress levels and health			

Unit 1: Human growth and development through the life stages: Essential Content C:
Effects of Ageing

E1 I can explain what is meant by cardiovascular disease			
E2 I can explain risk factors, including lifestyle choices, in developing cardiovascular disease			
E3 I can explain how nervous tissue degenerates in old age			
E4 I can explain how having osteoarthritis affects development in old age			
E5 I can explain how sense organs degenerate in old age			
E6 I can explain the reduced absorption of nutrients in old age			
E7 I can explain what is meant by dementia; including Alzheimer's disease			
E8 I can explain the effects of illnesses common in ageing			
E9 I can explain how ageing affects self esteem			
E10 I can explain the effects of social change in old age; including loss of a partner, loss of friends, increase in leisure time			

E11 I can explain how financial concerns affect wellbeing in old age			
E12 I can explain how culture, religion and belief affect wellbeing in old age			
E13 I can explain social disengagement theory of ageing			
E14 I can explain activity theory of ageing			
E15 I can apply theories of ageing to a case study			
E16 I can explain the economic effects of an ageing population			
E17 I can explain health and social care provision for the aged			

Date:

Student Reflection:

Teacher Comment: